CONSORTIUM

University of Seville
Seville, Spain

University of Loyola Andalusia
Andalusia, Spain

Laurea University of Applied Sciences
Uusimaa, Finland

Skaters Club of Seville
Seville, Spain

Volleyball Italian Federation
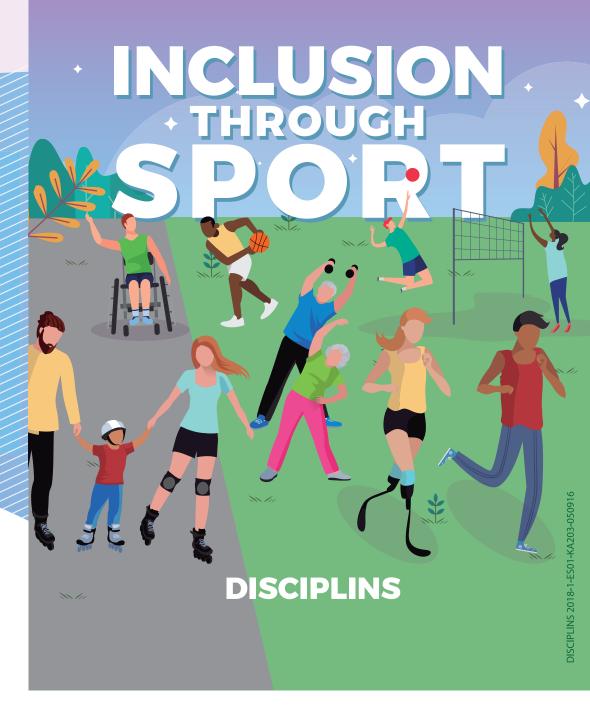Rome, Italy

INCOMA
Seville, Spain

INCLUSION THROUGH SPORT

DISCIPLINS

DISCIPLINS

Co-funded by the
Erasmus+ Programme
of the European Union

HIGHLIGHTS

✦ Enhancing **sports as inclusion tool**

✦ Improving **social and emotional health** of population

✦ Development of an **expert training programme** on social inclusion through sport-based interventions

ABOUT THE PROJECT

DISCIPLINS seeks to impact on the development of skills and curricula relevant to the societal needs by developing an expert training course focused on social inclusion through sport-based interventions and a map of competences related to this field.

The project outputs are mainly addressed to provide professors, trainers and coaches in high education institutions as well as organisations active in social inclusion and/or sport with the necessary skills and competences to maximise the use of sport as a methodology and tool for social inclusion and cohesion.

Trainers and professors from partner organisations together with professionals from local stakeholders will participate in capacity building activities and dissemination activities in order to further implement the Expert training course within the scope of their organisations as well as cooperating together for the design and implementation of high-impact sport initiatives for social inclusion and cohesion at local and European levels.

PROJECT GOALS

✦ To improve skills to use sport as a **tool for social inclusion of groups at risk of social inclusion** such as minorities, people with disabilities, refugees, children deprived of parental care...

✦ To clarify the challenges that sports is facing as a **tool for integration** in terms of contents and methodology.

✦ To enhance the potential of sports as a tool for **bringing together people**, regardless of their age, sex, origin, financial status, etc.

✦ To facilitate the integration of risk groups in society to promote **mutual understanding and intercultural dialogue** through sport.

✦ To exchange and bring value and visibility to **significant experiences and transferable practices** of sport intervention for social inclusion developed in Europe.